

SAMPLE PAPER
SUBJECT-ENGLISH
CLASS- X

Time allowed:3 Hrs.

Maximum Marks:80

General Instructions:

- i. The question paper has 12 questions. All questions are compulsory.
- ii. This question paper contains three sections:
Section A : Reading Skills
Section B : Writing Skills
Section C: Grammar
Section D: Literature
- iii. Attempt all questions based on specific instructions for each part. Write the correction number and part thereof in your answer sheet.
- iv. Separate instructions are given with each question/part, wherever necessary.
- v. Adhere to the prescribed word limit while answering the questions.
- vi. Reading time-15 minutes.

SECTION A: READING SKILLS(22 marks)

1. Read the following passage carefully.

12

1.Cycling is widely recognised as one of the best forms of aerobic activity because it is a low-impact exercise that works on major muscle groups while steadily raising the heart rate. Compared with high-intensity sports that may cause strain, cycling allows people of all ages to move freely without excessive pressure on their joints. It is simple to begin, requires no professional training, and yet burns a significant number of calories in a short time. As a result, it improves cardiovascular health by strengthening the heart and blood vessels, while also building stamina gradually and safely.

2. For individuals who suffer from joint problems, excess body weight, or reduced mobility, cycling serves as a gentle and welcoming workout option. Because the bicycle supports most of the body's weight, the knees, ankles, and hips experience reduced pressure, making the activity easy to adapt even for beginners. This joint-friendly form of exercise enables overweight individuals to move confidently without fear of injury. Over time, it increases endurance, improves balance, and encourages people to stay consistent as they begin their fitness journey.

3. Another strong advantage of cycling is how easily it becomes a part of daily living. Many people choose to ride to school, work, parks, shops, or nearby markets, showing that it can be integrated into everyday life without extra effort or planning. Even short but regular rides contribute to better heart health and improved lung function. Studies show that steady cycling can burn around 300 calories per hour, proving that regular practice supports healthy weight

loss. Indoor spinning provides a structured alternative and is often described as a controlled training environment, where instructors adjust resistance and speed to match the intensity required.

4. Although cycling is generally safe and beneficial, riders must keep certain precautions in mind. "Cyclists should remain alert in traffic and use protective gear at all times," which serves as an important warning for those who prefer outdoor routes. Busy roads, uneven paths, and poor lighting can pose risks if riders are not careful. Still, when basic safety rules are followed, cycling remains one of the most convenient and enjoyable physical activities for people of all ages.

5. Fitness experts often call cycling a "simple solution" to a sedentary lifestyle because it encourages natural movement without demanding expensive equipment, complex training, or strict schedules. Its flexibility allows individuals to ride at their own pace, choose comfortable routes, and gradually increase their intensity. Furthermore, public health campaigns repeatedly **encourage** citizens to select bicycles over motor vehicles, as regular cycling strengthens major muscles, improves heart function, and steadily burns calories. These combined benefits make it one of the most effective exercises for improving overall fitness.

I. Why is cycling considered one of the best forms of aerobic activity? (Paragraph 1) (1)

- (a) It burns a high number of calories in less time.
- (b) It is a low-impact exercise that works on major muscle groups.
- (c) It requires professional training before starting.
- (d) It builds muscles but does not affect stamina.

II. In the line "cycling improves cardiovascular health," the phrase cardiovascular health refers to _____.

- (a healthy heart and blood vessels / strong bones / improved digestion / reduced stress) **(1)**

III. How does cycling help individuals with joint problems and excess weight? (2)

IV. Steady cycling can burn nearly 300 calories per hour. (2)

Select the correct option: This suggests that steady cycling _____.

- (a) must be done at very high speed
- (b) supports weight loss if done regularly
- (c) is unsafe for beginners

(d) should be avoided by elderly people

V. Which phrase from paragraph 3 indicates that cycling can be integrated into everyday life? (1)

VI. What would be the most suitable title for Paragraph 2? (1)

(a) Cycling: A Sport Only for Professionals

(b) Cycling: A Joint-Friendly, Beginner-Friendly Workout

(c) Cycling and the Dangers of Excessive Training

(d) Cycling vs Gym Workouts: A Comparison

VII. Read the statements given below: (1)

Assertion (A): Cycling is considered one of the most effective exercises for improving overall fitness.

Reason (R): It works on various muscles, increases heart rate, and helps in burning calories steadily.

(a) Both A and R are true, and R is the correct explanation of A.

(b) Both A and R are true, but R is NOT the correct explanation of A.

(c) A is true, but R is false.

(d) A is false, but R is true.

VIII. Fill in the blanks: (2)

Paragraph 4 indicates a/an _____ (benefit / disadvantage / warning) of cycling, as seen in the statement: "_____."

(Extract a relevant line from paragraph 4)

IX. Why do fitness experts consider cycling a 'simple solution' to a sedentary lifestyle? (2)

2. Read the following passage.

10 marks

1. The National Youth Leadership Summit – 2025, held in Bengaluru, emerged as a powerful platform to inspire young citizens through innovation, collaboration, and responsible leadership. Organised under the Ministry of Youth Affairs, the three-day event brought together students, educators, social workers, and young entrepreneurs from various parts of the

country. The summit aimed to develop competencies essential for 21st-century leadership, emphasising creativity, critical thinking, ethical decision-making, and community service.

2. Throughout the programme, participants engaged in activities such as leadership boot camps, innovation challenges, climate-awareness workshops, and panel discussions with eminent achievers. A special keynote address on “Youth Empowerment for a Sustainable Future” urged students to integrate academic knowledge with social responsibility. Experts from diverse fields highlighted how compassionate leadership can contribute to building an inclusive, environmentally conscious India.

3. Evening sessions showcased inspirational short films, street plays, and musical performances that celebrated India’s spirit of resilience, diversity, and youth-driven progress. Exhibitions at the venue displayed student inventions, start-up prototypes, eco-friendly products, and digital solutions designed to address social issues. The message of “Lead with Purpose, Serve with Integrity” echoed strongly across the summit.

4. Apart from educational enrichment, the summit also promoted domestic travel. Groups visited Bengaluru’s science museums, Cubbon Park, Vidhana Soudha, and the historic Lalbagh gardens. For many students from other states, it became a memorable experience that blended learning, cultural exposure, and civic awareness. In essence, the National Youth Leadership Summit – 2025 demonstrated how informed thinking, creativity, and ethical leadership together strengthen the foundation of a confident, progressive nation.



I. Why is the tagline “Lead with Purpose, Serve with Integrity” more suitable for the National Youth Leadership Summit than “Festival of Films and Music”? (2)

II. Complete the sentence with the correct option: (1)

The location of the Youth Leadership Summit in Bengaluru helped it to—

- a) provide access to major educational and research institutions
- b) reduce student participation from South India
- c) limit the programme only to technology-related topics
- d) avoid collaboration with experts and innovators

III. State which of the following is True: (1)

- a) The summit focused only on cultural entertainment.
- b) The summit aimed to strengthen youth leadership and innovation.
- c) The summit discouraged participation from other states.
- d) The summit was held as a one-day online meeting.

IV. Read the statements given below. (1)

Assertion (A): The National Youth Leadership Summit included innovation challenges, climate workshops, and panel discussions.

Reason (R): The summit aimed to develop 21st-century competencies such as critical thinking, creativity, and ethical decision-making.

Options:

- a) Both A and R are true, and R correctly explains A.
- b) Both A and R are true, but R does not explain A.
- c) A is true, but R is false.
- d) A is false, but R is true.

V. What might be the most likely reason for including sessions on “Youth Empowerment for a Sustainable Future”? (1)

Choose the correct option:

- a) To train students in advanced robotics
- b) To promote environmental awareness and responsible citizenship
- c) To advertise business products
- d) To discuss only examination reforms

VI. Fill in the blank by choosing the correct option: (1)

The evening performances at the summit were intended to showcase India's _____
(economic policies / youth resilience / financial growth).

VII. If the Youth Leadership Summit focuses on leadership and ethical values, what do events like the Indian Science Congress focus on? (1)

Choose the correct option:

- a) Fashion and design
- b) Scientific research and innovation
- c) Tourism promotion
- d) Political campaigns

VIII. Why do you think the Summit attracted participation from across the country and young entrepreneurs? What does this suggest about its national importance? (2)

SECTION B: WRITING SKILLS (22 marks)

3. You are Ankit Verma, Sports Captain, Class X B. Write an application, in not more than 50 words, to your Sports In-charge requesting permission to use the school basketball court for conducting an inter-house sports trial. (3)

4. Write a factual description of your school backpack, in about 100 words, describing its design, compartments, durability, usefulness in daily school life, and why it is essential for you. (4)

5. Attempt any one of the two (A or B), in 120–150 words. (7)

A. You are Maya/Maheep Kapoor, a student of Class X at Sunrise Public School, Jaipur. Write a letter to the Editor of The Hindustan Times expressing your views on the topic "Social Media — A Powerful Tool or a Growing Threat?"

Highlight how one of the biggest advantages, **instant communication**, has helped society, but

also discuss how misuse can lead to issues like misinformation and addiction.
(Use your own ideas and references from **MCB Unit 3: Science**)

OR

Write a letter to the Director of the Geological Survey advocating for concerted efforts to preserve and protect geological heritage sites. Discuss the importance of these sites and highlight the threats they face. Propose specific measures to conserve these valuable natural assets to safeguard them for future generations.

(Use ideas from Unit 4 Environment along with your own idea write the letter to editor in 120 words.)

B.

6. Attempt any one of the two (A or B), in about 150 words.

8

A. Imagine you are **Aditya/Aadya Mehra** of Class X. With rising pollution and poor eating habits, lifestyle diseases are becoming common among teenagers.

Write an article on the topic **“Healthy Living — Why Teens Must Prioritise Fitness”**, discussing the effects of unhealthy habits, importance of regular exercise, and ways to build a disciplined routine.

(Use your own ideas and reading of **MCB Unit 1: Health and Medicine**

Cues:

- Impact of junk food and lack of exercise
- Benefits of fitness activities
- Importance of balanced diet
- Building long-term healthy habits

OR

B. You are **Arnav/Aarna Khanna**, 115, Lotus Enclave, Bangalore. ‘Laugh out loud and feel happy and fit inside out ‘ for laughter is the best medicine. Laughter Yoga seems a great alternative way to physical and mental health.

(Use your own ideas and reading of **MCB Unit 1: Health and Medicine.**)

SECTION C — GRAMMAR (10 MARKS)

7. Fill in the blanks (i)–(iii) with the appropriate option.

(3)

Advances in space technology (i) _____ (has opened / have opened / opening) new possibilities for exploration. Scientists now (ii) _____ (plan / planned / are planning) missions to Mars, which once (iii) _____ (seem / seemed / seems) impossible.

8. In the following paragraph, one word has been omitted in each line. Write the missing word with the word before and after it. (4)

S.No.	Text	Before	Word	After
i.	The mentor guided students during the entire workshop.	guided	the	students
ii.	The invention brought recognition the young scientist.			
iii.	Many learners struggle mathematics due to lack of practice.			
iv.	The professor explained the concept simple language.			
v.	The laboratory remained closed maintenance work.			

9. Do as directed.

1+2=3

I. Rearrange the following jumbled words/phrases in the given dialogue to create a meaningful sentence.

TANVI: You attended the art workshop last week. What did you learn?

AARAV: artists / guidance / under / modern / techniques / several / learned / painting / we / of

II. Report the conversation by filling in the blanks.

Teacher: Why were you absent from the robotics class yesterday?

Samir: I was not well.

The teacher asked Samir (i) _____ absent from the robotics class the previous day. Samir replied that (ii) _____ not well.

SECTION D-LITERATURE TEXTBOOK (26 marks)

10. Read the given extract and answer the questions briefly, for any two extracts, of the three, given. 2x4=8

(A)

"Yes" the frog replied. "You see
I'm the frog who owns this tree.

In this bog I've long been known

For my splendid baritone

And, of course, I wield my pen

For Bog Trumpet now and then".

- I. Why is the frog famous in the bog?
- II. Which characteristic trait of the frog is revealed from the above lines?
- III. Explain the term 'baritone.'
- IV. How does the frog introduce himself?

(B)

'Counting your chickens again before they're hatched, are you? No wonder you could never make a go of it.'

But it's the real thing this time! Go and make a cup of tea, will you? And remind me to take some ginger juice tonight. It's very good for the throat."

- I. Identify the phrase that gives an impression that the speaker does not have any faith in Patol Babu.
- II. How does Patol Babu try to convince his wife?
- III. What does the phrase 'counting your chickens again before they're hatched' mean?
- IV. Identify the tone of the reply:
 - a) Irritated
 - b) Dismissive
 - c) Confident
 - d) Anxious

(C)

Mrs. Jordan: No, that'll never do. We want a verse that says how much we loved him and refers to all his good qualities and says what a heavy loss we've had.

Mrs. Slater: You want a whole poem. That'll cost a good lot.

Mrs. Jordan: Well, we'll think about it after tea, and then we'll look through his bits of things and make a list of them. There's all the furniture in his room.

- I. What does Mrs. Jordan's insistence on having a detailed verse suggest about her personality?
- II. Why does Mrs. Slater remark that such a verse would "cost a good lot"?
- III. What does Mrs. Jordan's plan to go through "his bits of things" imply about her intentions?
- IV. How does the conversation between the sisters highlight the theme of materialism in the play?

11. Answer any five of the following six questions in about 30-40 words each. 5x2=10

I. 'The Rime of the Ancient Mariner' uses the element of supernaturalism.' Highlight the role of this element.

II. You can feel other's pain only when you go through it yourself. Validate this statement with reference to the story, "The Letter" and why it took place?

III. Humour plays a major role in the chapter, “Mrs. Packletide’s Tiger’. Prove this statement with the instances of humour.

IV. Discuss how Shakespeare’s sonnet ‘Not marble, not the Gilded Monuments’ conveys the theme of immortality through poetry.

V. *Two Gentlemen of Verona* deals with the importance of family relationships. Comment.

VI. Why does John Hallock find himself caught between his promise to the ghost Helen and the demands of his wife Lavinia? How does this conflict create humour in the story? Explain with examples.

12. Answer **any one** of the following two questions in about 150 words.

1x8=8

I. In *The Letter*, Ali’s patient waiting reflects deep emotional strength, while in *Virtually True*, Michael’s persistence in helping Sebastian shows unwavering loyalty.

Compare how both texts portray perseverance arising from compassion rather than obligation.

OR

II. In *Two Gentlemen of Verona*, the boys work tirelessly for a noble cause hidden from the world, whereas in *Patol Babu – Film Star*, Patol Babu’s sincere effort is unnoticed but deeply fulfilling.

Analyse how both stories demonstrate that the value of work lies in inner commitment, not in external applause.